PSHE

Growth Achievement Teamwork Enjoyment Success

The Gates Primary School Westhoughton



PSHE CURRICULUM OVERVIEW

2026/2027

EYFS

AUTUMN TERM	SPRING TERM	SUMMER TERM
Making relationships Turn taking, communicating appropriately, identifying important people (friends/family) **Managing self** Understanding of rules and following rules independently. Awareness of healthy and unhealthy.	**Making relationships** Continues to develop a wider awareness of their own feelings, such as 'jealous', 'worried' and 'frightened'; Begin to understand their actions have a consequence **Managing self** Developing a 'can do' attitude in line with the school's 'I can't do it yet' growth mind-set and Golden Goals of resilience.	**Making relationships** Responds appropriately to a wider range of feelings; beings to regulate their own feelings; shows sensitivity to the needs of others **Managing self** Confident to try new activities, shows independence and resilience, plays cooperatively with others, knows the importance of healthy food choices; manages basic personal hygiene

Year 1

AUTUMN TERM	SPRING TERM	SUMMER TERM
Friends, Feelings and Kindness Friendships, feelings, empathy, kindness, wellbeing, understanding emotions, celebrating individuality, and developing positive relationships.	**Staying Safe and Making Good Choices** Personal safety, trusted adults, privacy, online safety, healthy choices, speaking up, sharing feelings, responsibility, and managing money.	**Rules, Responsibility and Safety** Bullying prevention, family relationships, rules and responsibilities, emergency services, healthy lifestyles, personal safety, and transition to Year 2.

Year 2

AUTUMN TERM	SPRING TERM	SUMMER TERM
Relationships and Belonging Families, relationships, similarities and differences, teamwork, managing worries, understanding change, growing up, and developing a sense of belonging.	**Staying Safe and Healthy** Online safety, personal safety, hygiene, medicines, fire safety, wellbeing, healthy habits, and making safe choices.	**Caring for Myself and Others** Health and wellbeing, friendships, money management, jobs and careers, anti-bullying, self-care, independence, and preparing for changes.

Year 3

AUTUMN TERM	SPRING TERM	SUMMER TERM
Relationships, Respect and Belonging Friendships, respect, belonging, consent, bullying prevention,	**Safety, Responsibility and Citizenship** Risk awareness, emergencies, emotional wellbeing, sharing	**Rights, Health and Wellbeing** Children's rights, physical and mental health, online safety,

personal hygiene, community support, and positive relationships.	worries, laws, citizenship, responsibility, and debate skills.	diversity and inclusion, self-esteem, resilience, and managing change.
Year 4		
AUTUMN TERM	**SPRING TERM**	**SUMMER TERM**
Respect, Relationships and Diversity Healthy friendships, peer influence, communities, diversity, equality, discrimination, inclusion, and respect for others.	**Safety and Responsibility** Personal safety, online safety, environmental responsibility, first aid, financial awareness, mental wellbeing, and informed decision-making.	**Healthy Choices and Personal Growth** Healthy lifestyles, nutrition, hygiene, body awareness, aspirations, character development, resilience, and transition.
Year 5		
AUTUMN TERM	**SPRING TERM**	**SUMMER TERM**
Relationships, Influence and Safety Personal boundaries, peer pressure, online relationships, grooming awareness, financial risks, community responsibility, and staying safe.	**Identity, Media and Making Informed Choices** Digital citizenship, media literacy, artificial intelligence, online behaviour, drugs education, critical thinking, and personal identity.	**Health, Wellbeing and Growing Up** Emotional wellbeing, physical health, healthy lifestyles, substance awareness, relationships, increasing independence and puberty.
Year 6		
AUTUMN TERM	**AUTUMN TERM**	**AUTUMN TERM**
Respect, Equality and Responsibility Relationships, equality, diversity, challenging discrimination, media awareness, personal safety, rights, responsibilities, and understanding the law.	**Choices, Consequences and the Future** Crime and the law, risk awareness, addiction education, resilience, adulthood, decision-making, and preparation for secondary school.	**Growing Up and Moving On** Mental health, grief and loss, healthy relationships, puberty, sex education, transition to secondary school, and preparing for future opportunities.