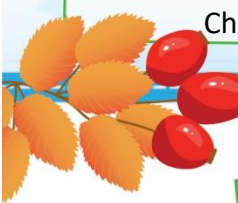


 What's on the menu  Find out more about Food for Life at https://www.foodforlife.org.uk/		
Week One	Week Two	Week Three
Large slice margherita pizza (v) Vegetable ravioli with crusty bread (v) Filled jacket potato with salad Seasonal vegetables and salad Fresh fruit platter	Sweetcorn and pepper pizza (v) Quorn sausages with gravy (v) Filled jacket potato Oven baked jacket wedges Baked beans and salad Fresh fruit platter	Cheese whirl (v), baked potato and baked beans Tomato pasta (v) and salad Filled jacket potato and salad Fresh fruit platter
Baked pork sausages with gravy Quorn sausages with gravy (v) Cheese omelette roll (v) Oven baked potato rosti Seasonal vegetables and salad Oat cookie and orange segment	Meat pie Vegimince pie (v)  Meatballs in a rich tomato sauce served with pasta (v) Crushed baby potatoes Seasonal vegetables and salad Peach sponge and custard	Pasta bolognaise and salad Vegetarian pasta bolognaise (v) and salad Sausage roll, chips and seasonal vegetables Shortbread with orange
Roast chicken in gravy Quorn fillet in gravy (v) Creamy one pot chickpea  tomato pasta (v) Roast potatoes Seasonal vegetables and salad Iced sponge	Mild chicken curry, rice, naan bread Crustless quiche (v) with oven baked rosti, seasonal vegetables Filled jacket potato with salad Seasonal vegetables and salad Decorated jelly	Pork or vegetarian meatballs (v)  in gravy, rice and seasonal vegetables Large slice margherita pizza (v) with coleslaw and salad Chocolate cookie
Traditional beef hot pot Open cheese and potato pie (v) Filled jacket potato and salad Seasonal vegetables Jammy dodger	Beef burger in gravy Oven baked chicken tomato pasta Vegetarian sausage roll & gravy (v) Crushed baby potatoes Seasonal vegetables and salad Blueberry muffin	Butter chicken, rice, naan bread Cheese omelette roll (v), oven baked potato rosti and seasonal vegetables Filled jacket potato with salad Chocolate sponge and chocolate sauce
MSC Golden fish fingers Baked fishless fingers (v) Vegetable samosa pie (v) Chipped potatoes or rice Baked beans and salad Chocolate mousse	MSC Battered fish fillet  Chicken and sweetcorn wrap (v) Filled jacket potato with salad Chipped potatoes Baked beans and salad Ginger biscuit and orange segment	MSC Bubble crumb salmon or MSC Golden fish fingers Mac and cheese (v) Filled jacket potato with salad Oven baked potato wedges Seasonal vegetables and salad Honey, oats and fruit topped yoghurt
 Available daily: fresh chopped salad, fresh fruit, yoghurt and drinks. Availability of products and serving days may vary slightly between schools - contact your school for more details. Week One 20/11/23, 11/12/23, 15/01/24, 05/02/24, 04/03/24, 25/03/24 Week Two 06/11/23, 27/11/23, 18/12/23, 22/01/24, 12/02/24, 11/03/24 Week Three School Meals Standard Menu November 2023 – April 2024 (v) = Vegetarian  = Plant Based 		

School meals in Bolton

MORE LOCAL THAN YOU THINK



Dear Parent/Guardian

Welcome to the new menu being served at your child's school. Choosing school meals for your child will teach them important social skills as well as providing all the nutrients young people need to help with their learning and development.

We only serve meals that children love to eat and we cater for medical & cultural diets, contact the school meals number for more information. Allergen information is also available on request on the website.

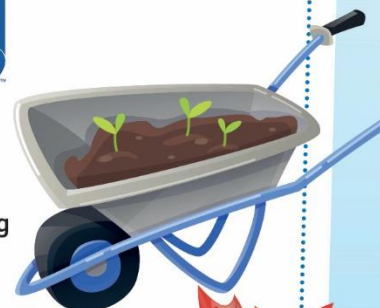
We know where our food comes from

We aim to include as much fresh and local produce as possible in our recipes. We offer complete traceability on all our products from farm to fork.

Seafood with this mark comes from an MSC certified sustainable fishery. www.msc.org.



Many of our products are responsibly sourced too, we have accreditations to prove it. You can rely on us when it comes to quality. Supporting local businesses and reducing food miles and food waste are also top of our agenda.



Eat a Rainbow

Our 'help yourself' salad trolleys are filled with brightly coloured veggies and are an excellent way of encouraging children to work towards their 5 a day.

Children can help themselves to the trolleys in addition to any hot vegetables they have had from the counter.



School meals provide value for money and reduce shopping trips

School Meals offer a freshly prepared 2 course meal and a drink for less than the average cost of a meal deal.

Making a packed lunch can result in additional trips to the supermarket, meaning extra spend each week.

Let us take care of lunchtimes.



Save over £300 per child per year with free school meals

School meals remain free for ALL children in reception, years 1 and 2 regardless of circumstances. However, please check/register to see if you are entitled to Free School Meals. You could help your child's school receive extra funding which could make a real difference to the quality of education and support offered. It is really easy to check just go to www.bolton.gov.uk. Don't forget to check/register to see if your older children can benefit from free school meals – just go to www.bolton.gov.uk

We are here to help

If you need any information or have any questions Visit: www.bolton.gov.uk/schoolmeals

Call: 01204 336950 Email: schoolmeals@bolton.gov.uk

Bolton Council

