#### Activity 1:

Draw an outline of 'you' (you could ask an adult to draw around you as you lie on the floor). Think about the different parts of your body (head, heart, hands, feet, mouth, ears and eyes). Label around your outline to say what you do which is positive with each of the different body parts (With my brain I ......)

### **Personal Development Activity**

## Activity 2:

We are holding a competition in school over half term to make your own poppy at home ready for Remembrance Day. You can be as creative as you like. Please save any poppies under the activity on Seesaw.



# **Remembrance Day Competition**

#### Activity 3:

Get your skeleton moving! Bend and stretch, jump and hop .....think of different ways to get your body moving. Create a dance, a sequence of exercises or maybe some gymnastics shapes to move as many different parts of your skeleton as possible.

#### **Physical Development**

## Year 3/4 Homework Topic Web

## Autumn Term 2

This term we are learning all about 'Animals – skeleton and movement' as part of our Science topic.



Here are some ideas for you to complete at home. Please complete at least 1 activity and bring it into school when you have finished. All topic homework should be returned to school by the **14**<sup>th</sup> **December.** 

## Activity 4:

Sport gets our skeleton moving and keeps it healthy and supple. Create some artwork inspired by sport. You could paint, draw or print. Think about how the sport gets your skeleton moving as your complete your task.



<u>Art</u>

#### Activity 5:

Complete some research about The Human Body on Purple Mash or by using books/Internet research. Write your own leaflet about 'The Skeleton' and explain to others what the skeleton is, how it supports us, the different parts and how we can look after it.



**English/Computing** 

### Activity 6:

Measure your bones! Have a go at trying to measure different bones in your body and then order them from shortest to longest. You could measure your finger, your spine, your femur and so on.



Maths

## More ideas:

Plan a healthy menu for a day which will provide the right kinds of foods to care for our skeleton (**Science**)